

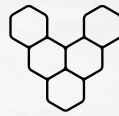
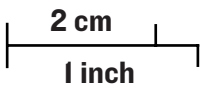
MEN'S UK SIZING

6 7 8 9 10 11 11.5 12 13 14

49  
48  
47  
46  
45  
44  
43  
42  
41  
40

MEN'S EU SIZING

CHECK YOUR  
A4 PRINT SIZE



VIVOBAREFOOT

## MEASURE YOUR BAREFOOT MEN

### SIZING

1. Print the guide to 100% and check the 2cm or 1 inch measuring line with a ruler to make sure it is printed to scale.
2. Place your heel on the mark and check your heel alignment with a ruler.
3. Mark the position of your longest toe on the chart it might be your big toe or second toe.
4. Repeat steps 2 and 3 with your other foot.
5. In between sizes? We generally recommend the bigger size for a better barefoot experience, but it depends. Follow the QR code below to ensure you choose wisely.



BECOME A WISER SIZER

PLACE HEEL

PLACE TOES