



# **SUPERHERO WEEK!**

**SEPTEMBER 10-15.**



**DRESS UP AS YOUR FAVOURITE  
SUPERHERO!**

**SUPERHERO THEMED CHALLENGES &  
FUN DURING NORMAL CLASS.**



### **WHAT TO BRING & WEAR:**

Themed clothing suitable for exercise. You don't have to purchase anything so just be creative and dress-up is not compulsory to participate. Costume ideas not suitable for exercise are face- masks, leggings that cover feet and dangling items that might catch.

If you do go all out (and we hope you do), make sure that dangerous costume items can be set aside while participating and collected at the end.

### **PHOTOS & VIDEO:**

Digital images of the event will be taken to share on social media platforms. Email us if you do not want your child included in event images.

